



Mix and Munch

by Rhonda Spinelli

Celebrate the Fourth of July with this crunchy treat!

Gather

- **1/2 cup** dried cranberries
- **1/2 cup** yogurt covered raisins
- **1/2 cup** red or blue M&M's
- **1/2 cup** peanuts or almonds
- **2 cups** small pretzels
- **4** sandwich bags
- patriotic stickers or ribbons

Go

1. Mix all ingredients in a bowl.
2. Put 1 cup of the mix into each sandwich bag.
3. Decorate the bags with patriotic stickers or ribbons.
4. Optional: Give bags of snack mix to soldiers or veterans, with a note that thanks them for their service! 🇺🇸